

Initial Sales Of Condominiums Get Underway At New Community Estates

New Community is beginning a new phase in its never ending struggle to provide decent, safe housing for low to moderate income families in Newark, as it offers for sale its new condominiums in the Central Ward.

Models of the new units can be seen at Camden Street and Fourteenth Avenue.

The units, called New Community Estates, will offer an opportunity for pride of ownership for an income group long overlooked in its housing needs here in Newark and will add another dimension to the newly developed neighborhood.

New Community Estates is a 56 unit condominium, townhouse development to be located within the two blocks bound by Fairmount Avenue and Bergen Street and Fourteenth and Fifteenth Avenues in the University Heights area of Newark. The units come in two types. The three-bedroom model has a livingroom with dining area, kitchen and half bath on the first floor and bedrooms and full bath on the second. In the two-bedroom unit the first floor contains a living room and an eat-in kitchen with bedrooms and

a full bath above. Living space in the larger unit is 1,500 square feet while the smaller unit provides 930 square feet.

The City of Newark through its Affordable Housing program will provide a \$560,000 loan to help make some of the units affordable to moderate income families. Under the City's Affordable Housing Program, funds are made available to non-profit organizations to help writedown the construction cost of 51% of the units in a given development to make them affordable to low/moderate income families. Also to add to the affordability, New Community Corporation at closing of title for each low/moderate unit will return \$10,000.00 to the City and the City turns it back to the mortgage banker, "Larson Financial Resources" of Princeton, N.J. Larson, in turn, will establish a trust account on behalf of the purchaser of the unit. On a monthly basis, a portion of the account will be drawn out and used to writedown the mortgage and tax payments. About \$175 to \$200 will be drawn out monthly, tapering off to the point where about six years from now the pur-

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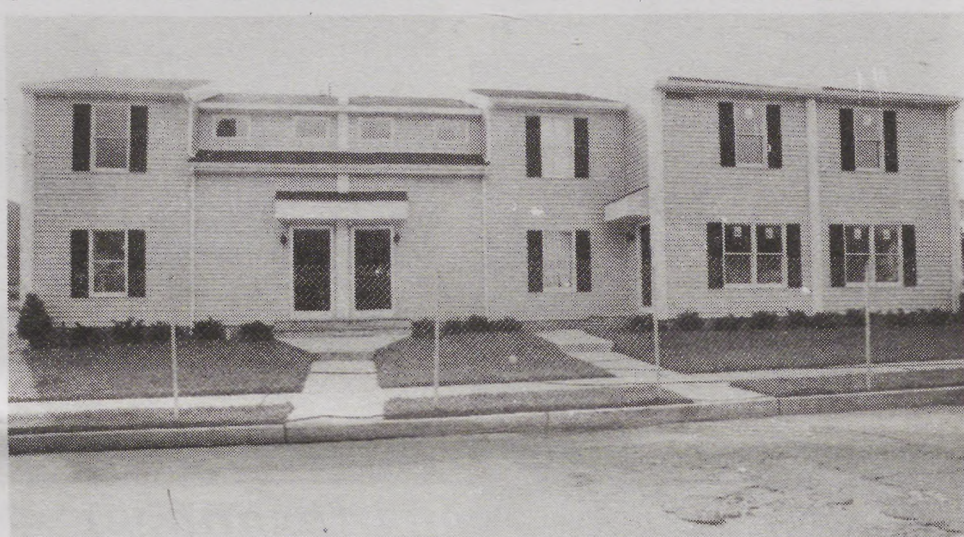
chaser will be making full payments on a 30 year mortgage.

The New Jersey Department of Community Affairs will also contribute to the affordability of these units by providing an interest free seed loan for the project. This interest free loan was used for land purchase and architectural and

engineering services which made the project possible.

In order to qualify for the City program, a family of three's gross minimum yearly income, for example, should be about \$22,000 (\$1,843.33 per month) to afford a 2 bedroom unit or \$24,000 (\$2,000 per

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Condos add a new dimension to Central Ward housing.

Bishop Francis Celebrates 10th Anniversary In Newark

The most Rev. Joseph Able Francis, Jr., S.V.D., D.D., celebrated his 10th anniversary as a bishop in Newark and 35 years as a religious priest with a Mass at St. Rose of Lima Church, Gray Street on October 4th. Archbishop Theodore McCarrick presided and retired Archbishop Peter L. Gerety concelebrated the Mass with other visiting bishops.

Theme of the Mass was "Man For All People". Music for the occasion was provided by the combined choirs of St. Rose of Lima and Blessed Sacrament parishes in Newark in the true Gospel tradition.

Bishop Francis' coat of arms as a bishop provides much insight into his life and was broken down and carried in the procession as a powerful message denoting the meaning of his life. We are pleased to tell you its story.

The basic colors of his shield are red, black, and green, which are also the colors of the Liberation Flag. the theme of the coat-of-arms is Liberation Through The Cross and his

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Most Rev. Joseph A. Francis, Jr.

PEACE Center Helps Suburban Victims Of Domestic Violence

The PEACE Center located on the campus of Caldwell College is entering its third year of service to women victims of domestic violence in the suburbs. PEACE stands for Project to End Abuse in the County of Essex. The PEACE Center Program is a Babyland activity.

The Center was established in September 1984 and is especially geared to help the affluent suburban woman trapped in a situation of domestic violence. It provides a 24-hour confidential hotline (201-226-6166), professional individual counseling services, peer support groups, community education and an information and referral service. There is absolutely no fee for these services - even the counseling is FREE.

Why is the center necessary? Contrary to popular belief, domestic violence does not confine itself to the poor. "More and more, women victimized by this problem are coming from all economic and racial backgrounds", said Pat Davidson, Director of Counseling for the PEACE Center. "We are seeing people with emotional and psychological abuse," Pat went on, stressing that abuse need not be physical. For the affluent woman

the need for shelter is not the major need, but rather the need for counseling, to learn how to handle her situation while remaining at home.

Through the PEACE Center services she can talk with an experienced professional counselor on the phone or in person - and with complete confidentiality. She can talk to someone about how she feels, someone who understands and can discuss her options with her. Although shelter is not provided at the PEACE Center it can be arranged for a woman and her children in a crisis situation.

A woman calling the PEACE Center is often well off in a material sense, but her very affluence makes this woman's situation different. She asks quite frankly "Where can I go?" For she has never been on her own and leaving will strip her of the only lifestyle she knows and make her an outcast. She cannot envision herself in an impoverished situation. It is this frightening thought which may prevent her from seeking help at all. "What will I do?" is also a question frequently heard.

Women in this situation are not alone, and can and have received

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New Social Worker For NC Douglass-Harrison

Her face is already familiar to many of the tenants at Douglass-Harrison and she even has been greeted by one resident with a still-warm piece of sweet potato pie upon arrival at the office — which makes Sister Anne Quirk feel very pleased.

Sister Anne is the new social



Sr. Anne Quirk watches carpenter Noel Burrell put finishing touches to her new office.

worker assigned to NC Douglass-Harrison to help residents with their many needs. When she hears of a problem pertaining to the building itself she notifies management and tries to find a solution with them. She can't always provide an instant solution to a resident's problem but at least she knows what is going on in their lives and will help if she can. She is knock-

ing on doors and hopes to visit each apartment.

Sister wants the tenants of NC Douglass-Harrison to know someone cares.

Sister Anne after joining the Sisters of St. Joseph of Chestnut Hill received her B.S. degree at the college of Chestnut Hill and an M.A. in religious education at Villanova University. She received graduate credits in Computer Programming from West Chester State University and Temple University.

Sister Anne has a long record of community service to her credit. She was an elementary and junior high school teacher for 30 years in the Philadelphia-Trenton-Allentown area. She also made a contribution as a member of the Archdiocese of Philadelphia Religious Education Curriculum Committee for 9 years and was the first woman (with 21 priests) to be named an Associate Director of Youth Activities for the archdiocese. She has coordinated food and clothing drives and helped find homes and jobs on a parish level. At one point she worked in the Jubilee Soup Kitchen in Pittsburgh for 2 years.

Sister is also very proud of a Computer Program on the Sacraments which she helped create for the Archdiocese of Philadelphia. It will be available soon.

We are happy to have this multi-talented person at NC Douglass-Harrison and know the residents will give her a warm welcome.

New Community Families Gain Experienced Social Worker

"I am here for them, and they should utilize me," said Lorraine Woolridge, new social worker assigned to residents of NCC family housing by NCC Social Services.

Lorraine will be doing profiles on the families she will serve in order to assess the needs of family members. She will help them to help themselves.

This aspect of NCC's philosophy



Lorraine Woolridge

Ms. Woolridge feels is very important. She likes working for a thriving organization and thinks it will get even bigger. She appreciates also NCC's efforts to provide affordable housing in the area, having dealt with local families of the military in her work with the Red Cross. "It was my first paying job," she remembered.

Problems arose in military families concerning not only sickness and housing but morale and financial counseling. Many

times husbands were overseas. But Lorraine enjoyed her work clarifying situational needs and solving problems as they arose. Acting as a liaison between the military, Veteran's Administration and other social agency authorities gave her much experience in dealing with the everyday needs of people.

Working with New Community, Lorraine will begin to tap the community spirit which is still glowing here and fan it into new life. She has planned a meeting with The Resident Advisory Board for Families which has been re-established. Together she feels they can generate new pride among the families and work together as one to beautify their homes. She will also be able to keep them informed about programs available to them and help which will keep them proud and independent people.

Lorraine was born and raised in Newark and is a graduate of Central High School. She earned her B.A. degree at the College of St. Elizabeth and did her internship for her degree in Morris County as a probation officer and social worker for the welfare board. Ms. Woolridge was also an intern for Newark's Model Cities Program and has participated in The Crisis Intervention Program at College Hospital in Newark.

Her enthusiasm is contagious and with it the spirit of pride here at New Community will surely grow brighter.

★★★★★★★★★★★★★ Teens Disappear — New Teens Reappear ★★★★★★★★★★★★★★

On a recent bleak and rainy Friday evening two dozen teens were suddenly separated from their families and neighbors, transported from their Newark homes to a remote wooded mountain area in western New Jersey and then isolated from all media contact, including their precious telephones, tape players, televisions and boxes. Neighbors claim they saw an unusual looking blue school bus in the St. Rose of Lima area shortly before their disappearance that evening.

Later, an eye witness in

Washington, New Jersey is reported to have seen the odd blue bus heading towards Jackson Valley Sports Camp. He thought it strange to see kids in the area at this time of the year since the Camp is usually used during the early and late summer months for youngsters in sports training. Washington, N.J. residents who saw the teens arrive admitted they were baffled by the sounds they heard over the weekend.

There were long extended periods of silence followed by loud shrieks and hollers. Towards late evening there were unusually extended periods of thumping, jumping and yelling. The local grocer said he knew that Mike and Linda Danza,

the camp owners, were up to something when they purchased extraordinary amounts of snacks, cereal, roast beef, bread, ham, cheese, potatoes and hot dogs. Some people are now speculating that what they thought was a Saturday evening bonfire could really have been a signal from the teens for help.

No one knows for sure what really happened that weekend. No one has seen the twenty-four unaware, unsuspecting and unconnected teens since.

The 24 who returned however, said for some reason they now feel as one. There's a look of yearning in their eyes for the wooded land away from the everyday distractions where the only possible communica-

tion is with oneself, one's peers, with nature and with God. A secret grin crosses their faces as they exchange the code word, "pillow fight".

Bewildered parents are probing the unconfirmed rumors that before the winter is over, this group will again make a mysterious disappearance. We urge all community residents to keep their eyes out for that strange blue bus.

Note: Many of the faces seen at the bus windows resembled members of the Youth Group of St. Rose's Parish who went on a camping trip/mini-retreat weekend September 26-28 with their Moderator Sr. Mary Joan Fries. It is said she was "CAPTIV"ated by the group.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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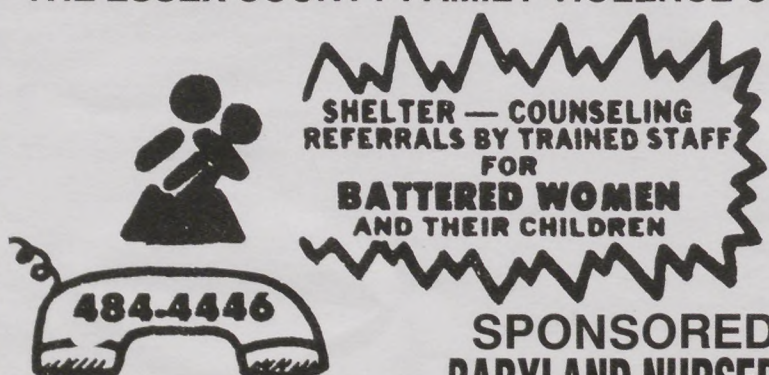
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and
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Condominiums...

Continued from page 1

month) to afford a 3 bedroom unit. However, the **maximum** yearly income for a family of three should **not** exceed \$29,000 (2,416.00 per month).

The 2 bedroom unit sales price under the City's program will be \$50,000 and the 3 bedroom will sell for \$55,000. The remaining 27 units will sell at market prices starting at \$61,000 for a two bedroom unit and \$66,000 for a three bedroom unit. Market rate unit prices are subject to change however.

Low interest fixed rate mortgages at 8.55% will be made available to all qualified purchasers through the New Jersey Housing and Mortgage Finance Agency.

This week New Community Corporation will begin pre-qualifying applicants who are interested in purchasing a condominium in the New Community Estates development. This service is being provided to help prevent the loss of any fees charges or points charged to the applicant at the time of application.

Pre-qualification will be performed on a first come, first served basis at the model units. We request that all potential applicants provide copies of the following information:

To Substantiate Your Income

Name, Address, Zip Code, Telephone Number of your **current** employer. (If not employed for at least two years with the same employer, kindly furnish the above on all prior employers for the last two years).

W-2's for the past two years, and current paystubs if they show year-to-date and overtime earnings.

If you are self-employed, or if you receive commissions or bonuses,

please supply full copies of your federal income tax returns (form 1040 with all attachments) for the past two years and financial statements for your company or partnership for the past two years and year-to-date. (This includes balance sheets and income and expense statements).

Proof of any **additional income** to be used by you, such as social security payments, disability from State, VA or Social Security compensation received from past employers or insurance companies.

To Verify Sufficient Funds for Closing

Name of Bank, Address, Zip Code and Account Numbers for all **Checking** and **Savings** Accounts.

Proof of other assets, such as stocks, bonds, mutual funds, vested interest in retirement fund, U.S. Savings Bonds, etc. Complete and addresses of the firms holding these assets and account numbers if applicable.

Credit Information

Name of Creditor, Address, and Account Number of all **open accounts** or liabilities on which you are making monthly payments. This includes bank loans, auto loans, mortgages, finance companies, credit union loans, mortgage companies, credit card accounts such as VISA, BankAmericard, MasterCard, etc., and any retail accounts. Names, Addresses, and account numbers of any paid up loan references.

REMEMBER, THE MORE COMPLETE YOUR INITIAL APPLICATION, THE FASTER WE WILL BE ABLE TO COMPLETE THE PROCESSING.

Call 623-2800 for further information.

Bishop Francis...

Continued from page 1

motto is Justice, Peace and Liberty.

The cross which dominates the center of the shield is taken from the shield of the Society of the Divine Word — The Bishop's religious family. It is a symbol of Christ who frees us by his death on that cross; it is the sign of our ultimate liberation.

The cross in the center of the broken chain symbolizes at one and the same time Christ's means of



liberating us and our unity in Christ. It also represents the faith which sustained the Bishop's ancestors in their bondage.

Depicting the Bishop's slave ancestry is the chain, a reminder of the violence which seized his people from their ancestry and homes and kept them in bondage in a foreign land.

The towers are the Watts Towers,

indicating a poor man's desire for recognition and immortality. The Towers, located in Watts, California represent the people among whom and the place where Bishop Francis spent very productive years of his life. The spires of the Towers portray hope, ever looking upward free from the bonds of earth. The white and black towers also show the beauty of blackness as enhancing whiteness and vice-versa, each contributing to the total, each reflecting uniqueness and dignity.

Seen on the lower left are sugar cane stalks — the one unique agricultural product of Bishop Francis' immediate birthplace of Lafayette, Louisiana. They are a reminder of both oppression and survival.

Bishop Francis has dedicated his life as a black religious priest and missionary and now as Bishop to further Liberty, Peace, and Justice in the world, following Christ's example.

We pray he will enjoy many more years among his people in Newark.



PEACE Center Helps...

Continued from page 1

help by contacting the PEACE Center. Individual counseling is provided one or more times a week depending on need, or a peer support group with others experiencing compatible problems can help. These are small groups which meet once a week. Ms. Davidson handles both individual and peer groups.

Sometimes the woman although affluent will not have money of her own or will be afraid that even physical abuse will not be believed because of a husband's status in the community, Ms. Davidson explain-



Pat Davidson

ed. Therefore they keep their problem hidden.

For the most part the suburban abused wife is a traditional person who identifies herself only in the success of her family or her marriage. Many often see themselves only in terms of their husband's view of them, and as a result are lacking in self-esteem. Some women have married to escape an abusive home; and some see themselves as the salvation of a husband who is sick and must be nurtured. Many are older women.

Ms. Davidson stressed again that the family violence pattern is not limited to the poor.

Family Violence Cycle

An important problem that is being addressed by Ms. Davidson is the seemingly trans-generational nature of domestic violence. She would like to start a support group for **adult daughters** (18 on) of battered women to try to stop the cycle. According to Pat, statistics show that boys who see their mother battered have a 1000% greater chance of battering their wives and girls who see their mothers battered have a 600% greater chance of being abused when they grow up.

One way to stop the cycle is to get to the young adults who are concern-

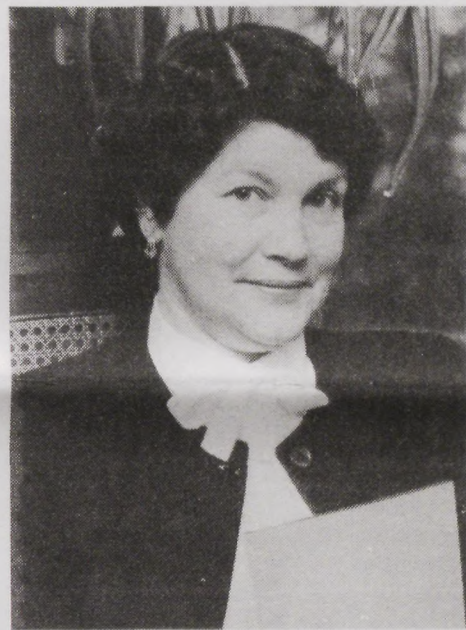
ed that they are in that pattern or see it developing for themselves. Some women are trying to get their daughters involved in counseling because having received help to see their own problem, mothers are now aware that daughters are following their (the mother's) pattern, when they see very jealous boyfriends etc. being chosen.

Volunteers For Hotline Needed

Volunteers to handle the Hotline at the PEACE Center perform a valuable service. "They do not do any counseling," explained Ms. Bee MacDonald, Director of Volunteers for the PEACE Center. These volunteers are the heart of the organization. They are the first contact; they answer the phone and are there to listen and refer.

With the beginning of each year, situations change and faithful volunteers are lost, so the center is again looking for women able to donate some time to this important task.

Volunteers are trained at the



Bee MacDonald

center. They receive education on the battered woman, how to deal with crisis calls and what resources are available for immediate help.

Many volunteers come from community women's groups such as the Junior League and the American Association of University Women.

A training session for volunteers is scheduled for Saturday, October 25th from 9:30 a.m. to 12 noon. Please call the center if you can donate some time to help. The number is 226-6166.

Educational presentations to groups interested in the problem of domestic violence in the suburbs can be arranged by calling the same number.

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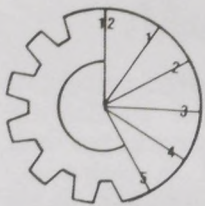
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NCC Employment Center

Increased Jobs For Local People

Employment Center Adds Co-Director

"It feels wonderful! It is exciting to find a good position for a person who needs it, especially someone that you have been working with over a period of weeks." Loga Michelle Odom is referring to the placement of her first job applicant. Michelle has just come on board the New Community Employment Center as an Employment Counselor and as a co-Director along with John Bins. Michelle and John are sharing the administrative responsibilities.

Michelle graduated from Kean College with a political science major and communications minor and has done graduate work in public policy at the City University of New York. She has served in various editorial and administrative capacities at the Na-

people in Newark that need good jobs."

Michelle exclaims, "I'm excited about working with the Employment Center because counseling people on job-hunting skills and matching them with employers is a practical way of addressing a most serious social problem in the Black community."

Friendly and outgoing, she says, "Everyone calls me Michelle, but my first name is Loga and I don't want to lose that because of its cultural significance. Also, it's my mother's name." Loga Michelle Odom lives near the office, in the Weequahic section of Newark, with her two-year old son Din Philip Goldson.

Project Y.E.R.N.

Project Y.E.R.N. (Youth Employment Referral Network) is a collaborative effort among the American Friends Service Committee, New Community Employment Center and the Youth Advocate Program under the service umbrella of the Metropolitan Ecumenical Ministry. Project Y.E.R.N. assists congregations and individuals in their search for positive ways to help disadvantaged urban youth in Essex County. Beginning in October, Project Y.E.R.N. will conduct a series of Youth leadership Workshops for at-risk youth to teach them employability skills. Our youth leadership Workshops and its community service project component has been made possible by generous grants from the Essex-West Hudson United Way, the Presbyterian Church (U.S.A.), and the Newark Catholic Archdiocese Campaign for Human Development.

Adult volunteers can participate in Project Y.E.R.N. in a variety of ways: as one-to-one volunteers in our workshops — lending their experience while teaching job readiness skills; as Job Bank volunteers, performing clerical and other related office tasks supporting the work of the job search; as volunteers gathering job leads from their fellow congregation members and community friends, and then calling the information into our 24 hour Project Y.E.R.N. Job Bank; and volunteers can also serve on our Steering Committee — giving guidance to our program design and fund-raising efforts.

We invite you and your friends to join us in bringing our news of faith and action to disadvantaged urban youth in Essex County, as they prepare to enter the work world. Help bring the understanding of a caring world to a young person in need.

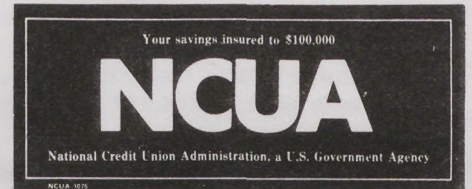
Contact Gerald Weaber at the Newark American Friends Service Committee (201) 643-3079, for more information about either Project Y.E.R.N. or our volunteer training session to be held in suburban Essex on November 1, 1986. Discover how you can lend our time and talents to assist needy youth.

Essex County Boosts Credit Union

New Community Federal Credit Union's (NCFCU) capitalization program continues to draw favorable attention as an alternative investment. On September 9, 1986, the County of Essex deposited \$100,000.00 in an effort to contribute to NCFCU's outstanding growth, and its commitment to providing service to the residents of the Newark community. Peter Shapiro, the County Executive, took advantage of the NCFCU capitalization program, to reposition county funds, in order to recycle them through our Newark community, and help provide service. These county funds will allow NCFCU to expand its neighborhood consumer credit portfolio which presently exceeds \$250,000.00 in loans to local area residents. Consequently,

NCFCU's extensive loan portfolio has enabled it to consistently pay 5½ percent on its savings accounts throughout 1986.

The participation of Essex County in NCFCU's capital investment program draws NCFCU closer to an unprecedented \$700,000.00 in assets within sixteen months of operation. The continued participation of com-



munity organizations, government agencies and community leaders is providing an invaluable support network whose benefits will be felt directly by the local area residents.

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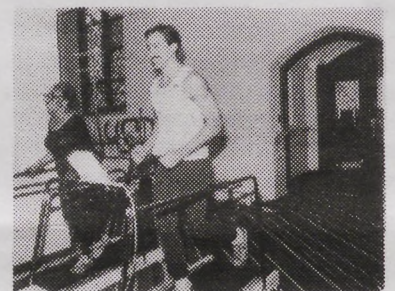
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Loga Michelle Odom

tional Conference of Black Lawyers, Washington (DC) North Star, New Jersey Greater News, and the Law Students Civil Rights Research Council. As newsletter editor for the latter, she journeyed to Greensboro, North Carolina to report on the third trial resulting from the 1979 civil rights demonstration in Greensboro in which five were killed and eleven injured.

Because of her experience in public relations and reporting, John Bins says it will be natural for her to assume responsibility for the Employment Center newsletter and other written materials. But beyond that it is planned that she will assume broad involvement in all area of administrative responsibility as she becomes acquainted with the Employment Center and becomes more expert in employment counseling.

Demand for services is strong at New Community Corporation Employment Center. Their success in finding work for people has their phones ringing off the wall with job seekers. And hundreds of faithful employers call continually whenever they have employment openings because the Employment Center satisfies their requirements. The number of people put to work by the Employment Center is limited only by the hours in the day. "That is why it is so important to have someone with Michelle's capabilities coming in here at this time," says John. "With her help, we will find employment opportunities for that many more local people. There must still be 100,000



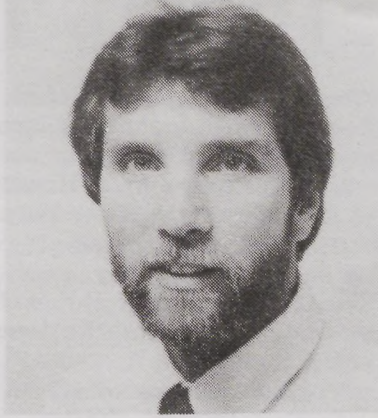
at ST. JOSEPH PLAZA
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NEWARK, NEW JERSEY
(201) 624-7373

Fiscal Fitness

It is becoming increasingly apparent that physical fitness is promoting Fiscal Fitness in companies that support exercise programs. Companies like Johnson and Johnson and Prudential, right here in Newark, have corporate exercise programs for the employees. I am pleased to include New Community Corporation, as a company concerned enough about their employees, to offer an employee membership to the New Beginnings Spa and Wellness Center. More and more companies are being made aware of the benefits to both the company and to the person who remains physically fit. Reduced absenteeism, greater productivity and increased morale are just some of the dividends companies are receiving from their exercise program investment. The following statistics were compiled by the Life Health and Fitness Center in Ocean Township, N.J.

Absenteeism in business can be costly both for sick leave payments and decreased productivity. The average sedentary employee is sick on average of 8 days a year and the physically fit employee is sick only 1.8 days per year. The difference is attributed to better health habits and a positive attitude.

This positive attitude also effects productivity. The physically fit employee who engages in exercise regularly, increases their work output by 10 to 15 percent. The employees morale is, of course, related to the feeling of greater self worth. The physically fit employee



by Kerry Gillespie,
Exercise Physiologist

has a better attitude about themselves, their employers and their jobs.

There is a reduction in health care cost among the more physically fit employees. There is a marked reduction in the incidence of cardiovascular heart disease, back problems and depression, to the extent that major insurance companies have or are considering reduced premium policies for companies that offer a physical fitness program for their employees. Along the same lines, there are fewer workmans' compensation payments with the physically fit employee, because they experience fewer "on-the-job" injuries such as muscle strains, sprains and dislocations.

Employee turnover is another costly area where a physical fitness program seems to be of benefit. The average cost for hiring and training a new employee in industry is approximately \$6250. The physically fit employee has a turnover rate of 1.5 percent vs. 15 percent for sedentary employees. keep in mind, that the cost of hiring and training a person on the executive level would be that much higher.

The stress and tension that all working people feel can add to worker dissatisfaction and ultimately to worker burn-out. This condition can be infectious, resulting in decreased morale and decreased productivity. On the other hand, the positive aspects of a company sponsored exercise program, that gets good support and attendance can also be infectious.

Fitness is good for business. So for fiscal fitness promote physical fitness!!

Spa Member Of The Month

DONALD DOBBS works for Immuno Medics Inc. which is within Rutgers Medical and Dental College in Newark, New Jersey. He is a research technician in the Monoclonal Antibody Development Department.

Donald has been working out with free weights on and off for about ten years. Due to injuries and lack of time, he has not been able to participate in a fitness program for almost two years. However, during a job interview at Immuno Medics, he was brought to St. Joseph's Plaza for lunch where he immediately became aware of the New Beginnings Spa and Wellness Center located there. After securing the position he checked into the facility further and found that it offered a convenient and effective alternative to working with free weights.

Much to his surprise he has achieved equal if not better results from the circuit weight training with the combination of nautilus and light free weights than with just free weights alone. He feels that if the Spa could acquire a greater variety of free



Donald Dobbs

weights he and other members would be able to meet their personal goals faster.

Don finds the atmosphere at New Beginnings Spa friendly and energizing and would like to thank all the folks for helping to motivate him to become involved in a fitness program on a regular basis.

NCC Labor Day Picnic



Sunny skies and hearty edibles attract a large crowd to St. Rose of Lima's gardens.

THE CHEF'S CORNER



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JOE

SAUTEED SCALLOPS WITH CRABMEAT

For 2 people, you need:

12 oz. sea scallops
4 oz. snow crab meat
1 oz. white wine
pinch of garlic
splash of lemon juice
salt & pepper

In 1 oz. butter, sautee the scallops for 2 minutes. Throw in the rest of the ingredients and sautee for another 3 minutes.

Serve with steaming white rice and tossed salad and voila! a complete, inexpensive and most satisfying meal with the least possible effort.

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Either way this is Joe wishing you
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- Stuffed Mushrooms with Crabmeat
- Scallops in Bacon En Brochette
- Cold Antipasto

★★★★

Entree favorites include:

- Scallops and Crabmeat — sauteed in a white wine sauce
- Tortellini Romano — pasta filled with crabmeat prepared in a heavy cream sauce with freshly grated parmesan cheese
- Clam and Shrimp Possilipo — with the seafood cooked in burgundy wine
- Veal Cutlet Parmigiana — a tender plump cutlet covered with a light tomato sauce and parmigiana cheese

Cocktails are available

★★★★

Lunch — 11:30 a.m. to 3:00 p.m. Monday through Friday
Dinner — 5:00 p.m. to 10:00 p.m. Monday through Friday
Sunday Brunch — 9:00 a.m. to 3:00 p.m.

Who's Who In New Community Extended Care Facility

The middle management team is a team of three (3) head nurses who put the pieces of a puzzle together to form a complete picture of "Quality Care" for 180 residents at New Community Extended Care.

The Head nurses — Mrs. Anthony, Mrs. Gibson and Mrs. Ojediran (called OJ) — are three dedicated nurses who care about what happens to each resident on their unit. Each head nurse supervises a total of 60 residents and 25 employees each day. Continuity of care is important. Each shift has its own responsibilities, but overall the head nurses are accountable.

Head nurses are the link in the chain of communication between management and employees. They in-

teract with resident problems and complaints, employee relationship concerns, and instruct their staff with continuing education requirements.

It takes a very special person to work in any geriatric setting. These (3) three nurses are exceptional. From the day the facility opened, residents were received in conditions of health requiring much special attention since each had individual problems. Residents are now well nourished, healthy and happy as a result of the special nursing skills of the head nurses, supervisors and their staffs.

New Community would like to thank the entire middle management team for their dedication, loyalty and hard work — for this is what New Community is all about.



Ruby Anthony, R.N.

Mrs. Ruby Anthony has been employed by the NCECF since its opening in December, 1985. As head

nurse on the 4th floor she strives to keep the residents clean, active and in good spirits as much as humanly possible. Many times she manages to exceed the human limits and put in an extra effort to show the residents that they are important.

Mrs. Anthony is happily married



Mary Gibson, R.N.

and the mother of two handsome young men. Her interests includes singing, reading, volleyball, basketball, puzzles and cooking. She is actively involved in several church organizations such as the Women's Committee, the Gospel Chorus and the Board of Ushers.

Although the activities yield her great satisfaction, her greatest reward revolves around the care and concern given to the elderly. her deep concern drives her to show more than just a nurse-patient relationship. She receives much pleasure in giving the elderly both encouragement and all the tender loving care her heart can muster.

When Mary Gibson started work with NCC the Extended Care Facility had just opened its doors. She coordinated the opening of each floor as it began receiving residents and when all was in order, took her place this February as head nurse on the third floor.

Ms. Gibson was born in Florence, South Carolina and raised in a small town of 300 called Lake City.

Her family migrated to New York when she was eleven years of age and Mary grew up in Jersey City where she completed her education in the New Jersey public school system, graduating from Ferris High School in 1970. Ms. Gibson subsequently began studying to become a Licensed Practical Nurse.

After working as an LPN in several areas of nursing including mental health and pediatrics, she quickly learned that geriatrics was her forte. In 1983 she began to study her for R.N. and received that degree from Bayonne Hospital School of Nursing

Health Care Update

Recently a new plan of health care coverage which essentially expanded the existing Medicaid program was instituted in New Jersey. However it has not enjoyed the participation of New Jerseyans that was projected. One has to wonder why...

There are four major groups of persons who may be eligible for coverage. They include:

- Pregnant women
- Children through the age of 21
- Disabled or blind individuals
- Adults over 65 years

This program was designed to provide coverage to persons within certain financial guidelines for renewable six month periods. One's assets must fall within certain guidelines, however persons who are in an income bracket greater than what Medicaid would normally allow, may be eligible if medical costs have been excessive. This can therefore help those who are victims of a catastrophic illness. As with Medicaid, the County Welfare Board serves to determine financial

eligibility for participation. If you think you may be deserving of this help, IN ESSEX COUNTY CALL (201) 675-3324 to obtain additional information.

It would seem that the demand for increased health care coverage which includes such services as Medical Day Care, dental care, hearing aids, orthopedic devices, psychologist services, home health, transportation, medical supplies, laboratory and x-ray services, eye glasses would far exceed the available resources. But, this has not happened. Possible reasons may include:

- Lack of public awareness
- Lack of appropriate social services referral mechanisms
- Cumbersome application process
- Lack of provider knowledge to increase and effect referrals

If you are eligible, it is not too late to apply now. Be your own best friend and increase your benefits. Only you can help yourself.

Connie Ford, RN, MPA

in New Jersey, graduating in 1984.

Ms. Gibson hopes to continue her education in order to obtain her degree in gerontology.

Headnurse on the second floor of the New Community Extended Care Facility since May, 1986 is Funmi Ojediran. Ms. Ojediran was born in Nigeria, West Africa. After graduating from high school in December, 1965 she entered School of Nursing, graduating as a registered nurse. She then attended School of Midwifery for a year and became a registered nurse and midwife in September, 1973.

That same year she came to the United States and worked as a graduate nurse at College Hospital in Newark, passing the State Board of Nursing exam in 1975. Ms. Ojediran then worked as a registered nurse at College Hospital and later at St. James Hospital in Newark. During this time she attended Jersey City State College and received her bachelors degree in community health education in 1978.

Funmi worked in various nursing homes as charge nurse before coming the New Community. She also worked as head nurse/Supervisor in



Funmi Ojediran, R.N.

Hospitality Center in Newark.

Ms. Ojediran is the mother of six children.

Smorgasbord Time



Medical Day Care participants fill their plates with mouth-watering treats.

Nurse Practitioner Students At Adult Medical Day Care Center

Kathleen Scura, R.N. and Ann C. Smith, R.N. are Gerontological Nurse Practitioner students who will be at the New Community Adult Medical Day Care Center most Mondays and Tuesdays until the middle of December. Their placement at the Center partially fulfills their fieldwork experience required of all GNP students at the Hunter-Bellevue School of Nursing of the City University of New York.

Services offered by Gerontological Nurse Practitioners as health care providers for the older adult are many. These include teaching about

specialists. Nurse Practitioners work in close collaboration with various other members of the health care team including nutritionists, occupational therapists, pharmacists, physicians, physical therapists, and social workers.

Kathy Scura is a graduate of St. Joseph's Hospital School of Nursing in Paterson, New Jersey, who received her Bachelor of Science in Nursing degree from Jersey City State College, Jersey City, New Jersey. She has had twenty years of nursing experience as a Registered Nurse both in the hospital and home care set-



Kathy Scura, R.N., (R) records pertinent information supplied by Sarah Benigno, a Medical Day Care participant.

such things as health care, taking medications, following a diet appropriate to health needs, safety in the home, stress management, and exercise. Counseling to support the older adult and significant others, such as family and friends is offered. This counseling addresses such issues as problem-solving, maintaining independence, using health care services, referral to health care specialists, and planning for the future.

Gerontological Nurse Practitioner services also include taking health histories, performing physical examinations, and initiating plans for further diagnostic testing. These services help identify health care needs that can be managed by the Nurse Practitioner or that require referral to medical or other health care

tings. Attending graduate school full time, she expects to graduate from Hunter College with a Master of Science degree in Nursing in June 1987. She will then be eligible to sit for the certification examination for Gerontological Nurse Practitioner.

Ann Smith, a graduate of the Bellevue Hospital School of Nursing, New York City, received a Bachelor of Science degree and a Master of Arts degree from New York University. She has had six years experience working as a Registered Nurse, four of which were spent as an officer in the Army Nurse Corps. She is, at present, an Assistant Professor of Nursing at Bronx Community College where she has been teaching full time since 1968. A part time student in the Gerontological Nurse Practitioner program, she expects to graduate in June 1988.



Ann Smith, R.N., checks out Medical Day Care member Lulu Mae Jones' eyes.

Housekeeping Department Honored

The administration of New Community Extended Care Facility honored its Housekeeping Department at a luncheon celebrating Housekeeper's Week held on Wednesday, September 10th, 1986. The menu included a tempting assortment of shrimp scampi, fried fish and fried chicken.

The Garden State Chapter of the National Executive Housekeepers Association was instrumental in hav-

infection.

The Housekeeping Department plays an important role in providing an infection-free environment throughout our facility. We have found that the pride taken in maintaining each area in a safe and orderly way has contributed to the well being of our resident, personnel and public.

An ongoing in-service education program enables the Housekeeping



A cheerful group attends the housekeepers' appreciation luncheon

ing Governor Thomas Kean proclaim Housekeepers Week for the first time in the state of New Jersey...from September 7-13, 1986. The national association which was founded in 1930, today has a membership of over 5,000 people; the Garden State chapter which was organized in 1965 has a membership of 106 people.

The Housekeepers Association was formed to enable its members to address problems unique to the health care field, especially prevention of

staff to keep up with the newest equipment, methods and regulations as well as ways to fight the increased incidence of communicable diseases such as AIDS and hepatitis, drug abuse and problems of an urban society. Without the housekeeping department we would not be able to meet our institutional as well as regulatory agencies goals to prevent transmittal of infection in a safe and sanitary cost containment way.

Betty Garbutt, C.E.H.

Women's Club Formed

Clubs are always fun, and this one has brought a new relationship to 15 members of the New Community Extended Care facility. They had their beginning on August 20th, 1986.

The idea of having a Women's Club originated from the coordinator of activities, Mr. Byron Jones who mentioned his idea to recreation assistant, Della Hankerson. "I didn't know how it was going to turn out,"

her neighbor will offer to assist her. There are no leaders in the group — they all act as one. They don't see a therapist as a leader, they see a therapist as a member of the group.

In the group each person donates a quarter a week which she has saved by sacrificing cigarettes, candy, etc. They are learning to be responsible and independent.

The club is growing very fast. The



League of Voters spokeswoman Joyce Morgan addresses members of the newly formed Women's Club.

said Ms. Hankerson, "because I was never in charge of any clubs." But it has turned out to be a success.

The members decide what things they would like to have and do and as a result they have become very close to one another. If one member can't handle the activity on her own

women look forward to meeting every Wednesday afternoon, which makes it easier to go on with their daily living. In the club we inspire each other not to give up on life.

Just because they are Seniors their life doesn't end.

Security Corner

For the second consecutive year, the NCC Color Guard representing New Community Corporation, marched on Adam Clayton Powell Boulevard in the 18th Afro-American Parade in New York City. This parade is the largest Black Parade held in America.

The Color Guard members are: Sgt. John Jackson, who is the commander and Sgt. Morris Fleming; Security Officers: Larry Best; Terry Robinson and the first female member, Kadijah Abdullah.

The guard was very enthusiastically received all along the parade route,

Security Director James DuBose is a member, serving as the Publicity Director for the New Jersey/New York chapter.

The parade was very colorful with many beautifully decorated floats. Some of the floats had messages of protest against apartheid in South Africa and others displayed messages concerning drug abuse, mainly the dreaded "crack epidemic". Other floats carried salutes to the black pioneers who fought for freedom and equality. There were numerous banks and hundred of marching troops and drill teams, who enjoyed

Afro-American Day Parade, held in New York's Harlem on Sunday, September 14, 1986.

Officer Kadijah Abdullah, a native of Columbia, South Carolina, is a striking six feet one inches tall. She served in the Military Police of the Florida National Guard and was honorably discharged in 1982. While in the guard, she participated in quelling the riots in Dade County, Miami, in 1980.

Officer Abdullah is an amateur song writer, and hopes one day to be a well known lyricist. She is single and the sole supporter of a younger brother and two younger sisters, ages 10, 11 and 14.

She states that she is very proud to be a member of the Color Guard as well as being a member of NCC Security, and hopes to make a meaningful contribution to both.

Sgt. Jackson, commander of the group, stated that he was very impressed with Officer Abdullah's stamina and strength which she so proudly displayed while carrying the New Jersey State flag, as she marched thirty-five blocks. He also stated further, that she earned the respect of her male counterparts, all of whom made every effort to assist her in adjusting to her new role.

Her first day's participation has

had a very positive effect on every one in the unit, and has contributed towards a renewed enthusiasm and esprit de corps among the guard.

The security department is proud of Officer Abdullah and wishes her the very best.



NCC's color guard poses smartly with Reginald Bythewood before marching in the parade.

with thousands of people lining both sides of the street, from the beginning of the parade to the end.

Directly behind the Color Guard was an NCC 12 passenger van, used to transport the guard and five members of the NCC Security Youth Program, who rode in the parade, appreciating and delighting in the fact that they were "up in Harlem". The van was driven by Security Officer, Wilson De Jesus.

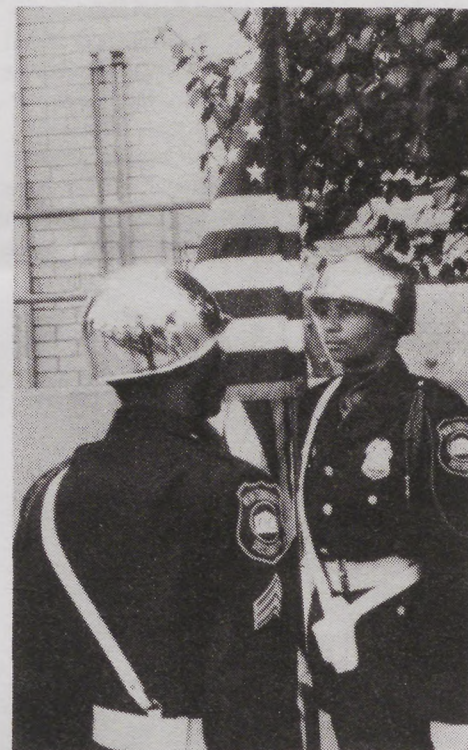
The parade is led every year by the 369th Veterans Association, of which

being in the parade as much as those observing enjoyed watching them.

After the parade the unit was extended invitations from various police groups and Mr. Reginald Bythewood, president of 369th Veterans Association to join them in the refreshments that were served immediately after the parade at the 369th Armory.

First Female Member

History was made in NCC Security's Color Guard, when its first female member marched proudly with her fellow officers in the 18th



S/O Abdullah stands erect before Sgt. Jackson's critical inspection.

Sentinels Bid Farewell

The Sentinels, a nonprofit benevolent association, comprised of NCC security officers, hosted a party in honor of Security Officer, Rock Bogar on Friday, September 19, 1986 at the NC Commons Pavilion, 297 Morris Avenue.

Officer Bogar, an army reservist for three years with the rank of Specialist 4th (equivalent to corporal), is a small arms expert, specializing in hand guns, rifles and machine guns. He joined the regular Army, and reported for active duty at Fort Bragg, North Carolina, on September 30, 1986. he will be attached to the 16th Airborne Division.

Officer Bogar joined NCC Security on May 4, 1984. During his tenure, he received two awards: one for Meritorious Service, NCC Security's second highest award, and one for Honorable Service.

He was an original member of the NCC Color Guard Unit and a founding member and officer of the Sentinels, serving as Chaplain for the association.

He was a good security officer and well liked and respected by all.

NCC Security's loss is the United States Army's gain. We wish him the very best.



S/O Rock Bogar (R) takes leave of his fellow officers.

ATTENTION ALL TENANTS

NCC Health Care Center

623-2480

Transportation to NCC Health Care Center will be provided for your convenience.



A CHANGE OF PACE

ST. JOSEPH PLAZA
THE SANDWICH SHOP
233 W. Market Street
Newark, N.J.



Relax in the quaint atmosphere of the Atrium in St. Joseph's Plaza. Enjoy a delicious buffet including chilled wine, beer and many of your other favorite drinks.

For your listening pleasure piano selections by Curtis Watkins accompanied by Emily Ross, vocalist.

FRIDAY NIGHT SPECIAL

From 5:00 P.M. until 11 P.M.

SCRUMPTIOUS BUFFET

Cash Bar



Adult Illiteracy Touches All Of Us



It can be conservatively estimated that there are 800,000 illiterate and/or functionally illiterate adults in New Jersey.

In order to combat this growing problem Project Literacy U.S.,(PLUS) has begun.

PLUS is a major national media/outreach project on the subject of adult illiteracy in the United States, a public service campaign being undertaken jointly by the American Broadcasting Companies, Inc. (ABC) and the Public Broadcasting Service(PBS).

The New Jersey Department of Community Affairs is taking an active part in this task force and we present to you in The Clarion some facts about adult illiteracy sent by them and presented by PLUS.

The Public Television Outreach Alliance will be developing materials and working with a broad range of supportive national organizations. Both ABC and PBS will work with local resources to help create or enhance literacy task forces in their respective communities across the nation.

If you or a group you are affiliated with can help, please direct your inquiries to Beth Mastin at (703)998-2722.

Scope of the problem

23 million American adults--about 1 in 5--cannot read or write English well enough to cope in everyday life. They are functionally illiterate.

The annual costs of illiteracy to the American public are high. Welfare aid, unemployment compensation, crime and prison costs, unearned tax revenues, lost productivity in business and the military, and adult education costs affect everyone.

...16%of whites over age 18 are illiterate.

...44%of blacks over age 18 are illiterate.

...56%of Hispanics over age 18 are illiterate.

The pool of adult illiterates is growing. Each year between 2.3 and 2.5 million adults join the ranks of the functionally illiterate. This in-

cludes legal and illegal immigrants, refugees, high school dropouts and "pushouts."

...13%of all 17-year-olds in the U.S. are functionally illiterate. They are tomorrow's adult illiterates.

Research has shown a high correlation between illiteracy and low-income level, employment, under-employment, industrial inefficiency, public assistance and crime. Estimates vary but one estimate puts the cost to the taxpayer of welfare and unemployment compensation at \$5 billion annually. Illiteracy is a liability in the workplace, necessitating costly training programs and often leading to product damage, industrial accidents, recalls, and lawsuits.

Definition and Measurement

"Functional Illiteracy" refers to the inability to use basic reading, writing, and computational skills in everyday life situations. This may mean that a functionally illiterate adult cannot:

- ...read a medicine bottle
- ...use a phone book
- ...use a bus schedule
- ...read a want ad for a job
- ...understand safety instructions on a cleaning solution or for a machine tool
- ...fill out a job application or permission slip for surgery
- ...comparison shop for weekly groceries
- ...make correct change for a twenty dollar bill

"Marginal illiteracy" refers to an individual who possesses reading, writing, and computation skills, but cannot use them proficiently.

Illiteracy is measured by a variety of tests. Some tests measure actual performance of everyday tasks. Others measure the number of grades completed in school, or the degree of reading skills required in understanding everyday reading materials, such as the instructions for using a hedge clipper or an owner's manual for an automobile, or preparing infant formula.

Newton Street School News

Mr. Thomas welcomed four new teachers to his faculty at Newton School this September. The teachers are Barbara Butler, 4th grade, Harriet Wyatt, 5th grade, and sixth grade teachers, Susan Glover and Emily Maranjiam.

Work on the rehabilitation of Newton Street School is continuing. The exterior of the building is just about complete. We are asking the community's help in keeping the building graffiti free. The new windows will arrive and be installed in October.

This year's goals at Newton Street School are to improve test scores and student & staff attendance. We ask all parents to help us reach these goals.

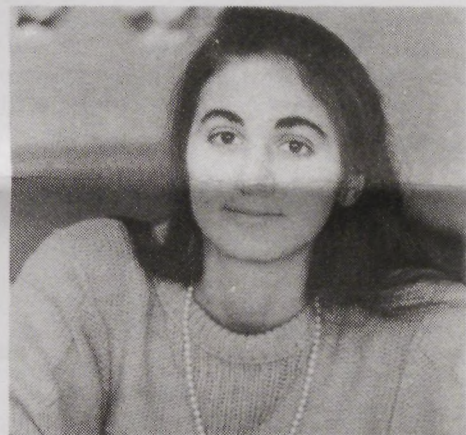
On October 28th, 1986 at 7:30 P.M. the Newark Board of Education will hold its action meeting here at Newton St. School. The public is invited.

Everyone will miss Ms. Susan Jackson, our senior clerk who will be leaving Newton Street School after 15 years of dedicated service to the

school and community. Ms. Jackson has received a promotion and will be supervising School Clerk at Camden Middle School.

Parent Meetings Important

Mr. Dultz, Project Coordinator Of The Basic Skills Program At Newton Street School will hold parent meetings during the year to review the progress of the **Basic Skills** program. Many worthwhile suggestions on how parents can help their children at home will be made at these meetings. A number of guest speakers will be invited. Flyers will be sent home to parents concerning dates and times of meetings. Please make every effort to attend these important parent meetings.



Top right, clockwise: H. Wyatt, E. Maranjian, B. Butler, S. Jackson, S. Glover.

Roseville Senior Citizens Club



The Roseville Senior Citizens Club celebrated their 21st Anniversary with a party at NC Manor Senior on Sept. 18th. A delicious luncheon was served, complete with a huge anniversary cake. Their director, Lou

De Groat, really made it a most happy affair, by having four musicians play for their listening and dancing pleasure.

A grand time was had by all.



Happy Halloween



NCC YOUTH DEPARTMENTS PRESENTS A TUTORIAL AND RECREATIONAL EXPERIENCE

starting

OCTOBER 6, 1986

- TUTORING IN BOTH MATH AND READING
- RECREATIONAL ACTIVITIES INCLUDE: BASKETBALL, DRILL TEAMS, ARTS & CRAFTS
- DINNER PROGRAM (HOT MEAL)
- PROGRAM WILL RUN MONDAY THROUGH THURSDAY FROM 3:00 pm to 5:00 pm.

TO REGISTER PLEASE CONTACT SOCIAL SERVICES AT 220 BRUCE STREET, NEWARK, NEW JERSEY OR CALL ELADIO NEGRON OR SHEILA WASHINGTON AT 623-6114.

At Your (Social) Service

by the Staff of NCC Social Services Department

A Grand Affair

The day was bright and alive with the joyous feeling of friendship and unity. This is how one can best describe the annual Seniors Craft Fair and Festival held at the South Mountain Arena.

Every year the event seems to top the previous one. This year was no different. One of the highlights of this year's festival was the 15th Anniversary celebration of the Retired Seniors Volunteer Program, better known as the "RSVP." Helping to take part in the celebration were several of New Community's own seniors, coming from each of our senior complexes, the N.C. Day Care Center, Douglass-Harrison and many of those who belong to various other centers throughout the city. The RSVP'ers of New Community are about 60 in number and growing each month.

Mrs. Zephyr Johnson of NC Commons Seniors, said she was sorry her feet were not as spry as last year but, "I am enjoying it anyway. The weather is lovely and everyone is like a big family. It feels good to get out and see other people and so many different ideas." And there were quite a lot of unique ideas; tall ships constructed of beer and soda cans, comical critters made from delicate seashells and a vast assortment of creative crocheting, needlepoint, knitting and ceramics, to name just



The ladies of NC Manor (on right) exhibit their handmade wares to interested shoppers.

sure you were keeping in shape.

Speaking of keeping in shape — there were several fitness and aerobic demonstrations during the day at one of the three stages set up for entertainment. Other forms of enjoyment to be seen were belly dancing, clogging and singing. Or if you preferred to take a stroll down memory lane there was the "ole Hay Ride".

It was hard to believe how quickly time had passed; it always does when



Lavern Parish smiles for the camera as she guides one of her Medical Day Care charges through a maze of flea market tables.

a few. It was in the ceramics category that the New Community ceramics class presented their wares for sale, to help restock their shelves with paints and greenware.

The fair was a fun-filled and fact-filled learning experience. There were representatives from various television stations, PSE&G, New Jersey Bell, Division on Aging, department stores and many more. Seminars under the big tent and inside the arena were geared towards giving information and doing the spot job interviews for anyone who was interested in pursuing a part-time job. There were also various health stations set up to do such things as blood pressure checks, eye testing, hearing tests and more, all designed to make

you are having a good time. It was time to return home — each with a smile on his/her face and an arm full of new found treasures, memories and friends.

To show the kind of congeniality that helped to make this day a success — some of New Community's seniors were invited to share a ride to the arena with the Roseville Golden Age Seniors, under the direction of Mr. Henry L. DeGroat, who had been supplied with a bus by Ms. Sandy Eberwein, of the Essex County Parks Commission.

Thank you all for this extra special day. We are looking forward to next year. It is things like this that make life a little more interesting and a little more enjoyable.

Joyce Holmes

Winter Programs Begin

The beginning of September marks the beginning of another school year and the beginning of our winter program. Our winter program will consist of activities in various areas of education, recreation, social and cultural events. As with our summer program, our goal is to get our youth motivated in the right direction.

Every Monday thru Thursday from 3-5 p.m. will be our after school tutorial program. This program will be providing our children additional help if needed in the areas of reading and math. Along the same lines we will be providing our adults with a similar service in conjunction with Project Literacy U.S. (PLUS). We realize the need to address the problem of Adult Literacy and are committed both to the youth and our adult population.

Recreational activities are also planned. From Oct. 1-10 all interested in winter basketball (both youth and adults) will have a chance to register during our opening recreation day at Newton Street School gym from 1-7:30 p.m. Remember our first basketball benefit, against "The Kiss Kard" — Our exciting 151-149 overtime triumph and of course, KISS will be looking for revenge. Our young adults will have the opportunity also to participate in organizing the league structure. We placed 3rd last year, our first in the Board of Education Coed Basketball league.

On September 30th a group of young boys and girls ages 9-14 met to form our first NCC Jr. Youth Council. The group will attempt to suggest, plan, and carry out some activities that may have interesting and educational values.

NCC Jr. Youth Council members are: Mildred Riveria 9½, Wakefit Borders 8, Tatterea Jackson 9, Deveda Grier 11, Alnisa Steward 11, Keria Mattox 12, Norma Riveria 12,

Generosity Has No Prejudice

All too often it is easy to sit back and let someone else do that which we find undesirable or do not understand. You have to wonder what kind of person is it who does these tasks, for they must be some kind of a special person, an unselfish person and one who cares. It is even harder to help someone else if you do not know the language, yet there is a universal language of friendship that surpasses all obstacles.

At NC Manor Senior, there is such a person, who has taken on the challenge of helping her neighbor in almost all aspects of her daily living and who does so without giving it a second thought. This special person is Ms. Julia Williams, a true believer in helping those who cannot help themselves. For almost a year now, Ms. Williams has taken it upon herself to help her next door neighbor, Ms. Aida De La Parte Perez, who is Spanish speaking. Ms. Williams knows no Spanish herself but she is an outgoing person who



Julia Williams (R) greets her friend Aida Perez with an affectionate hug.

does not allow something such as a difference of language to stop her from helping. Ms. Williams makes sure her friend is up every morning, cooks when necessary, can always be seen running errands or accompanying Ms. Perez to the store and even to Atlantic City for an afternoon of fun.

It is amazing how much a little caring can do for one's physical well-being. It seems that ever since Ms. Williams reached out to share herself, Ms. Perez has never looked or responded better. Ms. Williams is a member of the Retired Seniors Volunteer Program and she truly puts her heart into her work. Although she would not CALL it work — just doing what she likes to do, helping others.

Ms. Williams thank you for your unselfish generosity and devotion.

Tracy Carter 13, Birdie Treadway 12, Alnisa Mattox 13, Crystal Lilly 13, Melissa Mattox 12, and Shawn Wright. Any resident interested in these programs both as a participant or a volunteer please contacts the NCC Youth Department at 623-6114 and ask for Eladio Negron or Sheila Washington.

NC Gardens

How does your garden grow? With two such wonderful and caring ladies our garden couldn't be anything but beautiful. Mrs. Lucy Coats and Mrs. Doshie Smith started in early Spring. Throughout the summer and now into Fall we have been enjoying the fruits of their labor. Thank you for adding to the beauty of our home. We love you.

"Five Years and still striving" was the theme for our anniversary this year. Special awards of appreciation were given to several of our residents for their outstanding service. Remember it's the little things in life that mean a lot and we couldn't go on without your help and talents.

Mrs. Edna Davis

Lucy Coates (L) and Doshie Smith view their flower garden with satisfaction.



An impressive anniversary turnout gives residents a chance to meet and greet old neighbors.

NC Associates

Summer Trip

On August 16th, eight seniors waited eagerly for the bus to take them to Camp Tecumseh. NCC Social Services had made this possible for these seniors. Although there were some rainy days, they enjoyed fishing, arts and crafts, a mini flea market and carnival. There was even Christmas in August, where gifts were exchanged and gifts from the staff were given to everyone.

Upon arriving at Camp Tecumseh everyone received interesting literature and a warm up suit. The activities then began. The fishers in the group were Ellen Watson, Luredean Mitchell and Pauline Howard, who together caught over two hundred fish. These fish were enjoyed by the seniors when a Labor Day cook out was prepared for them.

180 Inspirational Chorus

There's a good feeling, knowing someone cares, and it's really special when the young people want to do something for seniors.

The young people from Humanity Baptist Church on Bergen Street wanted to bring a musical program to the seniors at NC Associates.

They sang some seniors happy and put joy in the hearts of others. The group looked beautiful in their blue and white outfits. Although the crowd wasn't large, those attending appreciated and enjoyed the young people.

The Inspirational Chorus thanks you, Delores, for making it possible for the young people to bring us a program. We thank the young people for wanting to, and Reverend Banks and everyone who helped to make it the wonderful program it was.

Office on Aging Trip

On September 7th, Maude Jones and Kathleen Charles joined several seniors on a trip to Virginia Beach. The trip was sponsored by the Newark Office on Aging. While at Virginia Beach, they enjoyed tours through the Navy Base, McArthur's Museum, and Williamsburg. Ms. Jones also had some time to visit part of her family which made her trip more enjoyable. They returned September 11th, and be it ever so humble, there is no place like home.

Phyllis Burton

SENIOR ACTIVITIES CALENDAR

OCTOBER

Wednesday, October 8th
Thursday, October 9th
Friday, October 10th

Tuesday, October 14th

Monday, October 20th

NOVEMBER

Friday, November 21st

DECEMBER

Saturday, December 13

-Atlantic City-sponsored by the 140 Club.
-Atlantic City-sponsored by the 180 Club.
-Bus trip to Asbury Park Convention Hall's Ceramic Buyathon - \$1.00 Admission fee payable on bus.
-Seniors' Day at the New Beginnings Spa and Wellness Center. Must call Social Services for reservation. Limited to first 12.
-Grandparents' Day at Babyland III. Must love children and want to spend two fun-loving hours with them. Sign up in lobby of Senior buildings. Limit 12.
-Ringling Brothers Barnum and Bailey Circus- 9 a.m. Tickets \$6.00 for seniors and children. Call for ticket reservation due November 7th. Hurry! Pay Early!
-Christams Special at the Hunterdon Hills Playhouse-5 p.m. departure. Ticket cost of \$35.00 includes Play "My Three Angels", full dinner, and roundtrip transportation. May pay in installments - full payment due December 7th. Pay early for a time you are sure to enjoy!

For all the above activities see the social worker in your building or call the Social Service Office: Joyce Holmes, Candy, or Sister Anastasia at 623-6114.

REMEMBER TO CALL EARLY SO THAT WE DON'T LEAVE YOU OUT!

NC Commons

Once again the Oldies But Goodies Club have done their thing with a great "Pot Luck" meal. Everyone brought their favorite dish.

Since everyone is back from vacation Arts and Craft is available again and the Gospel Chorus meetings will prepare those beautiful voices for holiday performances.

The Men's Breakfast Club has add-

ed a new item to their menu - Cheese and Eggs. So come and enjoy breakfast with your neighbors mornings from 6 A.M. to 10 A.M.

Irene Carr helps with the cooking and Aleathia Jones provides the men some help with the serving every morning.

Connie Wise

CALLING ALL GIRLS! 7 to 11 yr olds REGISTRATION FOR CHEERLEADING SQUAD

IF YOU ARE INTERESTED IN BEING ON THE NCC CHEERLEADING SQUAD PLEASE CALL SHEILA WASHINGTON AT 623-6114

DATE: OCTOBER 1-10, 1986
TIME: 4:00 - 8:00 pm
PLACE: NEWTON STREET SCHOOL GYM

FIRST GAME OCTOBER 24, 1986

ALL WHO ARE INTERESTED PLEASE SUBMIT YOUR NAME FOR THE UP COMING DRAFT DURING THIS FIRST WEEK. AGE GROUPS ARE: 9-14; 15-17; AND 18 AND OVER.

PLAYERS FROM THE LEAGUE WILL BE ASKED TO PARTICIPATE ON THE FOLLOWING TEAMS:

* NCC CELTICS
* NCC QUIET STORM II
* NCC QUIET STORM II

CALL ELADIO NEGRON AT 623-6114

233 W. Market Street

at

Newark, N.J. 07103



Join us for a relaxing musical interlude with
"Thursday Night Showcase"

Featuring N.C.C.E.

a New Community Creative Ensemble

in the atrium beginning at 6:30 p.m.

Buffet until 11:00 p.m.

Cash Bar

A Lady And Her Gardens

Mama Lee Johnson loves to work in Mother Earth and the starkness of the neighborhood doesn't deter her.

Near the abandoned playyard at NC Douglass-Harrison she gives honor to a serviceman killed in Pearl Harbor whom she never knew. His

ty meal or two. When people pluck a tomato passing by and enjoy its succulent fresh flavor (not like the super-market variety), she is pleased to have made them available. She is proud of her gardens.

One thing can also be said of Mama



Mama Lee Johnson (L) shares the fruits of her garden with Sr. Anne Quirk (center) and Douglass-Harrison's assistant manager Brenda West.

tombstone is the center of a garden filled with beautiful impatiens and a wide variety of other summer flowers which she tends throughout the summer months. It would make him really happy if he could see it.

On the other side of the old park stands Mama's vegetable garden, protected from roaming animals by a small fence. Collard greens flourish. Peppers, tomatoes, and green beans did well and cabbage also made a tas-

tee and that is that the circumstances of her life are just that — her life — and she does great things with what she has. She is a shining example of a person who loves people and just being alive to greet each new day and make it better. Her outlook helps each person she meets and we are lucky to have her at Douglass-Harrison.

S. Anne Quirk

Rosa On Wheels

When Rosa Bursey attended the World's Fair at Knoxville, Tennessee in 1982, she was provided with a battery-run wheel chair to get around. This year she decided to do some investigating to see if she could have one for her use at 180 South Orange Avenue, where she lives.

When Mr. John Todd, agent for Amigo Company came with her wheelchair he was as delighted as Rosa was to get the **Rascal** (as it is called). Here was a woman who will be ninety-one years of age on November 6, who had a by-pass operation for poor circulation in her leg over eight years ago, (that failed) and who is still pleasant, enthusiastic and outgoing.

With her new chair there's no stopping Rosa. She can be seen rolling herself to arts & crafts and to ceramics. She is even able and will-

ing to set tables, fold table cloths and sew covers back on cushions.

When Rosa needs some fresh air, **Rascal** whisks her around the block to the envy of some younger seniors, who are not as venturesome. Rosa says this new chair saves her arms. All she does is press a button and she's on her way.

Mrs. Bursey was born in Georgia and is the mother of four children. She is in good health with the exception of a minor heart condition. She is happy to be living at New Community and when asked if she ever gets down, she replied, "Not very often but when I do it's because I worry about my children."

What person over ninety and in a wheel chair can match this track record of Rosa and **Rascal**?

Sister Veronica Kaiser, S.S.J.



The amazing Rosa demonstrates her marvelous vehicle to an intent group of onlookers.

Not Easy Is The Road Of Love



LEWIS
GRAVES

Fraught with imperatives, challenges, sacrifices, and responsibilities is the road of love. Abound with references to love is literature, art, song and the Bible. We are told to, "love your enemies," (Matthew 5:44). The supreme sacrifice of love is pointed up in John 15:13, "greater love has no one than this, than to lay down one's life for his friend." Directed to each of us personally is Christ's commandment, "you shall love the Lord your God with all your heart, with all your soul, and with all your mind...you shall love your neighbor as yourself," (Matthew 25:37,39). The title of one favorite song of years ago is, "What is this thing called love?" — this strong affection for another based on admiration, benevolence, common interests — this unselfish loyal devotion and concern for the good of another. Many different meanings are given to it, confusing it, at times, with like and

lust among others. The Greeks had three words for love: eros; philos; and agape. Eros love is the natural carnal drive of sexes for each other. Philo loves involve the relationship between friends or within one's own family. Agape love, considered to be the highest form of love, embraces the relationship between God and man and between man and man in the family of God.

Popular is the concept of 'eros love', rooted in the body and driven by instinct; it is fundamentally self-centered and possessive, binding itself to a desire to possess for one's own gratification. Charisma and physical attributes are significant: when the female's primal vital statistics degenerates, the ardor and attention of the male partner becomes insouciant and his priapic passion decreases. Unions and partnerships built on 'eros love' appear to be somewhat insecure and lacking in longevity as evidenced by those practitioners and adherents who seem easily attracted elsewhere. Taken out of the context of marital relationship, what is sometimes perceived as Love more resembles lust; a personal intense craving and unbridled sexual desire for personal gratification.

Familiar is the concept of 'philos love,' a close relationship between two persons in which sexual desire has been suppressed or sublimated — a relationship between good friends,

or within one's own family. Recall the story told in I Kings 3:16-27, of a mother's love for her baby. Two women had given birth to babies about the same time. During the night one baby died and the mother placed it by the side of the other woman, then taking the living baby to herself. The two women came to King Solomon each claiming the living baby. King Solomon said, "bring me a sword...divide the living baby in two, and give half to one, and half to the other." Then the woman whose baby was living said, "give her the living child...do not kill him." But the other woman said, "divide him." King Solomon said, "give the first woman the living child, do not kill him; she is his mother." "Love suffers long and is kind; bears all things, endures all things." A mother's love is strong, benevolent, unselfish, loyal, and concerned for the good of her child.

'Philos love' for a friend expressed itself in the story of Damon and Pythias. Pythias had been condemned to death by Dionysius, ruler of the city of Syracuse. Pythias was allowed to leave Syracuse to put his affairs in order after Damon agreed to die in his place if Pythias failed to return. Pythias was delayed and arrived just in time to save Damon from death.

Dionysius so admired this display of loyalty, friendship, and 'Philos love' that he pardoned Pythias and

asked the two to become his friends.

'Agape love' implies an earnest desire for the well-being of the one who is loved, and the willingness to make that well-being come true. It seeks to give of oneself to the object for the sake of the one loved. In John 15:13, we are told that "greater love has no one than this, than to lay down one's life for his friend." There is a true story of a Christian, who at the time of his ship sinking, saved the life of a fellow passenger by giving him his life jacket, then, unprotected, went down with the sinking ship to drown in a watery grave. He laid down his life for another. Christ spoke of 'agape love' in His commandment to us when He said, "you shall love you neighbor as yourself." The death of Jesus Christ upon the cross is an eternal reminder for the love of God for man, for God loved man so much that He gave His only begotten Son to redeem man, wash away man's sins, and offer him a new life.

No, there is no easy road of love, for the road of love had its callous beginning at the cross on a hill called Golgotha at Calvary and persevered over the rocks of trials and tribulations across the desert and wastelands of sacrifices and sufferings toward that ethereal garden eternity.